OVARIAN CANCER: THE FACTS







THE SYMPTOMS

Excessive fatigue

Indigestion or nausea

Feeling full after eating a small amount

Unexplained weight gain or loss

Changes in bowel habits Increased abdominal size or persistent abdominal bloating Abdominal

or pelvic pain Lower back pain

Needing to urinate often or urgently Bleeding after menopause or in-between periods Pain during sex or bleeding after sex

> If these symptoms are new for you and you experience one or more of them persistently over a four-week period, please consult your GP.

RISK FACTORS



Family history of ovarian, breast or bowel cancer



Being aged over 50



Having endometriosis



Using hormone replacement therapy



Previously having had breast or bowel cancer



Smoking or obesity



Never having children or having children in later life



Having genetic mutations in the BRCA1 or BRCA2 genes

MAKE A

Each year, more than 1,600 Australian women are diagnosed with ovarian cancer – the deadliest women's cancer. Contrary to what many believe, a pap test will not detect ovarian cancer – in fact, there is no early detection test.

Help Ovarian Cancer Australia save lives and support women by taking action today.

Learn the signs and symptoms of ovarian cancer

Host an Afternoon Teal event to raise funds and awareness Talk to your GP about ovarian cancer and your risk factors

Talk to your friends and family to ensure they know ovarian cancer Make a donation to save lives and ensure no woman with ovarian cancer walks alone Purchase a teal ribbon from our website to show your support and raise awareness

FOR MORE INFORMATION

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OVARIAN CANCER AUSTRALIA

SAVE LIVES SUPPORT WOMEN